



FOR HEALTH PLAN MEMBERS OF  
**TOWN OF BURLINGTON**



## Why participate in the Diabetes Care Rewards Program

We'll help you improve your health and reduce your risk of heart disease and stroke. And, you'll get \$0 copays on covered diabetes medications and supplies.

### How to get your \$0 copays

-  **Register on the Good Health Gateway® website at GoodHealthGateway.com**  
Or, call our **Good Health Gateway** HelpLine at (800) 643-8028 Monday through Thursday 8:30 am - 6:00 pm and Friday 8:30 am - 5:00 pm EST.
-  **Call the Good Health Gateway HelpLine at (800) 643-8028 to:**
  - Review the program requirements.
  - Schedule a telephone appointment with our Diabetes Educator.
-  **Complete the call with our Diabetes Educator to develop your personal Diabetes Health Action Plan® Care Guide.**  
And, confirm you will share your action plan with the doctor that helps you manage your diabetes.
-  **Submit a "Provider Confirmation Form" to verify completion of the required medical exams and lab tests listed below.**  
Any of the exams/labs completed in the past year will count toward the requirement.
  - Annual foot exam
  - Annual eye exam
  - Annual laboratory work-up of your fasting blood lipid levels
  - Annual laboratory work-up of your urine/protein levels
  - Laboratory work-up of your Hemoglobin A1c levels every 6 months
-  **Get \$0 copays on covered diabetes medications and supplies using your Good Health Gateway Rx Rewards Card at your local, in-network pharmacy or through OPTUMRx® Home Delivery.**

Helping  
members live  
healthy lives  
for nearly 10 years.



The Town of Burlington is committed to helping you achieve your best health status. Rewards for participating in this wellness program are available to all eligible members who meet the program requirements. If your doctor determines you do not need one of the activities required in this program, they can simply indicate not needed beside that requirement, and you will receive credit for this requirement.

Participation in the program is voluntary and confidential. HIPAA privacy and security standards are used to ensure the protection of your healthcare information.

**800.643.8028**  
**GOODHEALTHGATEWAY.COM**