

# Welcome to Jump Start 2023!

**Jump Start** is a fun and exciting way for children ages 4-7 to be introduced to all kinds of sports games, general skills, and creative activities. Children will be exposed to sports such as t-ball, basketball, soccer, and unique sports like kick-ball, bowling, and much more! This is also a big opportunity for participants to meet new friends from other schools, which will be a massive tool for their development. Jump Start is looking to provide a safe environment for kids to have fun, learn new sports skills, and take big steps towards becoming active and engaged members of the community!

## Check-In and Check-Out Policy

All participants must be registered to join us in the Jump Start program. The Jump Start program begins at 9 AM. **Please do not drop off your child before this time** as there will be no staff supervision. When dropping off your child, please be sure to check in with a staff member at the gymnasium door of Francis Wyman Elementary School by the back parking lot. If you are looking at the school from the road, loop around the right side of the building to the back parking lot and it will be the door directly across from the baseball field. We will make sure to have a staff member to wave you down, so you'll have an easy time finding it!!

The Jump Start program ends at 1 PM. When picking up your child, we ask that you come to the door and wait until your child's name is called before leaving with them. This will ensure that each child is dismissed in a smooth and efficient manner. Lastly, please let a staff member know in advance in writing if someone other than you will be picking up your child. Thank you in advance for your cooperation!

## Weekly Schedule:

Each morning of Jump Start will begin once check-in has been properly completed and we will start with a morning greet. The morning greeting will consist of our plan for the day, along with gentle reminders of the program expectations (*Play nice, be respectful, and try your very best to be patient*). Each day we will have a "warm-up game" or activity that

introduces skills necessary for campers to play the “main game” of the day with a snack time typically after that.

Kids will then have the freedom to choose from some of the stations available in our “free play” time, which will consist of all sorts of things like shooting hoops, jump rope, noodle hockey, and much, much more!!

After an ample amount of free play has been had, kids will typically eat lunch around noon. Because we want the children to have the best time possible, we will attempt to be flexible in the amount of time we spend on certain games or activities, so lunch could be a little before or a little after noon on each given day.

*Tuesdays and Thursdays will be water days if the weather permits, so please be sure to have kids arrive in their swim gear with sandals and a towel to dry off properly. There will be no swimming, just water-based games in a field setting. If a kid is not interested in getting wet, we have activities and modifications in line, so they will still have a wonderful day full of fun, but we highly recommend the experience. It's gonna be a splash!!*

#### Reminders:

- Please be sure to send your child with plenty of water, a nut-free snack, AND a peanut-free lunch everyday. It gets hot inside the gym and we want all the children to stay hydrated! Please help ensure the safety of all children by making sure all snacks and lunches are nut-free. The peanut free policy is strictly enforced for the safety of all participants.
- Your child must wear sneakers everyday, as we play sports and activities that involve lots of running. Children in non-appropriate shoes may be asked to sit out of particular games to ensure their safety.
- We may perform activities outside. Please make sure your child is wearing sunscreen before he or she arrives at the program. It is also a great idea to pack extra sunscreen in your child's bag/lunchbox.

#### About the Staff:

Hey y'all, my name is Tyler Charron, and I am this summer's Jump Start Program Director. I graduated with my bachelor's in Psychology from the University of Massachusetts - Lowell in 2019 with a minor in marketing and am currently wrapping up my second year working in Burlington High School's socio-emotional program, the Bridge program, as a full-time

Special Education Tutor. As well, I am happy to state that this will be my second year as the Program Director for Jumpstart. I spent my whole childhood in various summer programs and am extremely excited to bring the same level of joy and excitement I had at that age to the youth of Burlington.

With my experience in mind, I implore you as parents to reach out with any feedback or suggestions you may have as the program progresses. Being that I plan to maintain a career in education, any opportunity I have to learn and better myself across the board I welcome very openly. I am looking forward to giving the kids the best experience possible, while providing a safe and engaging environment for them each day. Joining me this summer as sports leaders are Arav, Ace, and Alexander!

Lastly, please note my contact information below:

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Phone Number: 339-234-9721

**We are absolutely thrilled to get started this summer at Jump Start!!**