

# SENIORS / TRIPS & TOURS

## CLUB 55+

The Recreation Department Club 55+ Program Committee has announced the following spring program schedule for active senior citizens.

ACTIVITY	DAY	TIME
Ice Skating	Tuesdays	1:00 - 2:30 p.m.
Walking	Call	
Bowling	Tuesdays	10:00 a.m.
Swimming	Call	
Golf	April - October	
Bocce	May - October	
Horseshoes	May - October	
Tennis	May - October	

Most activities are free, and those that require a fee will be on a pay-as-you-attend basis. Please call or stop by the Recreation Department to register and become a Club 55+ member.

## SENIOR CITIZEN CERAMICS

Produce beautifully finished ceramic pieces for your home or to give as gifts. Instruction, paints and firing are included. There are additional costs for greenware, brushes, and cleaning tools.

**Seniors, Thursdays, April 7 - June 16 (Not April 21), 9:30 - 11:30 a.m., \$80 (10 weeks), Ceramics Room, Activity #321007-A, Instructor: Carol Collins**

## REGISTER NOW FOR THESE TRIPS

February 20*	Lion King
February 17	Grease
March 9	A Chorus Line
March 10	Boston Symphony
March 25 -27*	Atlantic City
April 7 - 10	Washington, DC
April 14	Spamalot
April 17	Spider-Man in NY
April 30	West Side Story
August 12 - 22	Seattle & Alaska
October 3 - 11	Rockies by Train

The trips listed above have been listed in previous brochures. A limited number of spaces are still available. Please call the Recreation Department for further information and trip details.

*\*Denotes date change from Winter brochure*



## ZUMBA GOLD

Zumba Gold was designed for the active older adult, the true beginner, and/or people who are not used to exercising. Zumba Gold is done at a much lower intensity. The same Latin styles of music and dance are used and just as fun as the regular Zumba classes. Zumba Gold strives to improve our balance, strength, flexibility and most importantly, the heart. Wear comfortable clothing and bring water. Enjoy the Latin and other international rhythms. Dance yourself into fitness with Zumba Gold!

**Ages 50 and up, Tuesdays, April 5 - June 7, 10:50 a.m. - 11:50 p.m., \$4 (10 weeks), Recreation Center Gym, Activity #316407-A, Instructor: Mary Ellen Reardon**

## THE KEY TO HEALTHY AGING (Formerly Senior Strength & Stretch)

Exercise is the key to staying strong, energetic and healthy as you get older. This class is only for those 55+ who want to age well, live life to the fullest and have fun while strength training, balancing, moving and stretching. Bring a mat, wear sneakers, comfortable clothing and hand weights. Other fun equipment will be provided.

**Seniors, Fridays, April 1 - June 17, 9:45 - 10:45 a.m., \$34 (12 weeks), Recreation Center Gym, Activity #311807-A, Instructor: Patricia Marfione**

## COMPUTERS FOR SENIORS LEVEL 1



Are you wondering what a computer can do for you? Would you like to use a computer and see what the fuss is all about? This is a basic introduction to personal computers for those with very little or no experience, designed to teach you the different ways a computer can enhance your life. You do not need to own a computer to take this course. You will learn to navigate the computer using the mouse and keyboard, conduct an internet search, and learn how email is sent and received. The pace of this class will be adjusted to the level of the participants. Prerequisite: None

**Seniors, Saturdays, April 30 - June 11 (not May 28), 10:35 a.m. - 12:00 p.m., \$55 (6 weeks), Activity #352607-A, Location: BHS Computer Room, Instructor: Margaret Montore**

## LEVEL 2

The Level 2 class will review and extend concepts learned in the Level 1 class. After reviewing basic concepts, learn to customize the Desktop and Internet Explorer, conduct effective internet searches, save frequently visited websites as favorites, read, forward, and delete email, and view email attachments. We will also see how to shop online and discuss some of the safety concerns of the internet. The pace of the class will be adjusted to the level of the participants.

Prerequisite: Before taking this class, you should have taken the Level 1 class or have experience using the mouse and the keyboard.

**Seniors, Saturdays, April 30 - June 11 (not May 28), 9:00 - 10:25 a.m., \$55 (6 weeks), Activity #352607-B Location: BHS Computer Room, Instructor: Margaret Montore**

# TRIPS & TOURS

## RED SOX IN SEATTLE & ALASKAN CRUISE Information Night

Join us and meet with a representative from Best of Times Tour Company. Detailed information will be given and questions answered about the upcoming trip to Seattle and an Alaskan Cruise (August 12 - 22).

**Thursday, March 3, 7:00 p.m., Location: Senior Center - Room 136, no fee (please register in advance), Activity #00713**

## RED SOX IN SEATTLE & ALASKAN CRUISE



This extraordinary 11 day/10 night program features TWO Red Sox games vs. the Seattle Mariners, PLUS touring of Seattle, Washington, PLUS an 8-day Princess Cruise Lines Alaska cruise. We visit some of Seattle's famous touring sites such as the Space Needle, Future of Flight and the Boeing Factory, ballpark tour of Safeco Field, Wine Tasting and Tour of the beautiful vineyards of Chateau St. Michelle, and much more. Then board the elegant Princess Sapphire for a magnificent 8-day Alaska Inside Passage cruise visiting ports such as Ketchikan, Juneau, Skagway, Victoria B.C., plus some scenic cruising of Tracy Arm Fjord. This is a trip of a lifetime! The most comprehensive and complete package of its kind to cheer on our beloved Red Sox and experience America's Last Frontier, Alaska!

**August 12 - 22, \$2,699 (inside stateroom) per person, double occupancy, \$2,999 (obstructed oceanview stateroom) per person, double occupancy, \$3,499 (balcony stateroom) per person, double occupancy, (Fee includes all taxes, transfers, and government fees), Deposit: \$450 due upon registration, 2nd Deposit: \$1,000 due no later than April 1, Balance due May 1, Insurance included, Activity #00712**

## VERMONT LILAC FESTIVAL

Middlebury, VT is one of the prettiest villages in all of New England! Enjoy two nights at the charming Middlebury Inn with five complete meals. Local sightseeing includes, but is not limited to, Dankin Farm, a trip aboard the Spirit of Ethan Allen, Shelburne Museum and Quechee Gorge.

**May 18 - 20, \$498 per person double occupancy, Deposit: \$25 per person due with registration, Balance due April 1, Waiver fee: \$30 per person (optional) due with registration, Activity #00714**



## NANTUCKET OVERNIGHT

An island off the southeastern coast of Massachusetts, Nantucket was originally settled by the Quakers and whalers. Nantucket Town is the Island's hub. Take time to enjoy the architecture, historical sites, fine dining and shopping at antique and specialty shops. Trip includes accommodations for one night at the Nantucket Inn, an Island Tour and much more!

**May 22 - 23, \$299 per person double occupancy, Deposit: \$100 per person due with registration, Balance due April 1, Waiver fee: \$50 per person (optional) due with registration, Activity #00715**

## RED SOX VS. WHITE SOX at Fenway Park

Save the hassle of purchasing Red Sox tickets and transportation. You will be transported to Fenway Park via motorcoach. Tickets are for roof top seating.

**Monday, May 30, \$99 per person, 7:00 p.m. game (start times are subject to change), Bus Departs: TBD, Activity #00716**

## RED SOX AT TORONTO and Niagara Falls



Travel to Toronto to see the Red Sox play the Toronto Blue Jays in their spectacular indoor Rogers Center (formerly the Skydome)! This trip includes tickets to the game, accommodations at the new Radisson Hotel, Niagara Falls (Canadian side), admission to the Maid of the Mist, and much more! Three breakfasts and two dinners are included. **Passport is required.**

**June 9 - 12, \$499 per person double occupancy, Deposit: \$100 per person due with registration, Balance due May 1, Waiver fee: \$35 per person (optional) due with registration, Activity #00717**

## RED SOX SPRING TRAINING

Celebration Tours is offering a number of six-day trips to see the Boston Red Sox at spring training during the month of March. For reservations, call 800-792-5208, or for more information call the Recreation Department at 781-270-1695.

## BALTIMORE & THE RED SOX

(3 days/2 nights)

This year we are offering a trip to Baltimore like none other! While in Baltimore you will stay two nights in a centrally located hotel, enjoy an informative narrated tour of Camden Yards, take a two-hour narrated sightseeing tour of Baltimore with time to browse Baltimore's Harbor Place, relax on a delightful harbor cruise with narration from your captain, and you will receive reserved seating for two games at Camden Yards to check out the Sox take on the Oriole's!



**July 18 - 20, \$399 per person double occupancy, Deposit: \$100 per person with registration, Balance due June 1, Waiver fee: \$50 per person (optional) due with registration, Activity #00719**

## FAMILY TRIP INFORMATION

Still looking for that perfect family trip for this summer? Imagine your family...cruising the River Seine; zip-lining over a Costa Rican rainforest; stargazing aboard ship in the Galapagos; standing on a 1,000 foot thick Canadian Rockies glacier; walking the hallowed grounds of Gettysburg; looking a wild elephant in the eye; or watching Yellowstone's Old Faithful erupt! Join us as we meet with a representative from Collette Vacations to discuss a new brand of family tours and much more! Space is still available for summer departures!

**Tuesday, March 8, 6:30 p.m., Location: Recreation Conference Room, no fee (please register in advance), Activity #00721**

# Trips / SPECIAL EVENTS / COMMUNITY



## GOLF GETAWAY in Killington, VT

While Vermont has some of the finest golf courses in the Northeast, none can match the beauty and design of Green Mountain National Golf Course in Killington. Voted the #1 golf course in Vermont, what separates this course from others is its unique and challenging design features. Trip highlights include: greens fees for 2 rounds including cart, four meals, accommodations at the Summit Lodge.

**July 20 - 21, \$379 per person double occupancy, Deposit: \$50 per person with registration, Balance due June 1, Waiver fee: \$25 per person (optional) due with registration, Activity #00720**

## FUTURE TRIPS

The trips listed below are in the planning stages and are not yet available for bookings. Please watch for further information in the next brochure.

July 24	Newport, RI
July 27 - 29	Boothbay Harbor
August 7	Pops by the Sea
August 13	Deerfield River Float Trip
August 28 - 29	Tanglewood Overnight

## EASTER EGG HUNT

The Easter Bunny has made a special trip to Burlington to hide some eggs for Easter. This year the Easter Bunny has hidden chocolate eggs and some "special eggs" throughout Simonds Park. Children will be split into age-appropriate areas. Areas may not be near one another, please bring one person for each child. The Easter Bunny will be on hand for pictures, so bring your camera. The Easter Egg Hunt is open for all Burlington residents.

Ages	Activity #
2 - 4 (with parent)	301110-A
5 - 7	301110-B
8 - 10	301110-C
11 - 12	301110-D



**Tuesday, April 12 (Inclement weather date: April 19), 6:00 p.m., No fee, Location: Simonds Park**

Co-sponsored by the Burlington Knights of Columbus  
Council #4978

## FISHING AT THE RESERVOIR

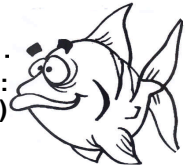
Burlington residents are welcome to fish at the Mill Pond Reservoir, which has been stocked with rainbow trout and brown trout. Please purchase a fishing permit at the Recreation Department office. Children under age 15 do not need a permit, but they must be accompanied by an adult when fishing at the reservoir.

**Mill Pond Reservoir April 1 - October 31 Dawn to dusk  
Permit Fee: \$10 (age 15 and up)**

## FAMILY FISHING FESTIVAL

Burlington's Thirteenth Annual Family Fishing Festival is co-sponsored by the Massachusetts Aquatic Resource Program. The Festival will include knot tying, casting, baiting, fish identification, fish cleaning, catch and release methods, camping in the wild, and other instruction. You may bring your own fishing equipment or use equipment which will be provided. Fishing license not required. Please register in advance at the Recreation Department. Enrollments will be limited, so it is a good idea to register as soon as possible.

**All ages, Saturday, May 14, 9:00 a.m. - 12:00 p.m. (rain or shine), Location: Burlington Reservoir, \$25 (per family) Activity # 305011-A**



## DADDY / DAUGHTER DANCE

Treat your favorite little girl like a princess and escort her to "the event of the season", Burlington Recreation Department's Daddy / Daughter Dance. This unforgettable evening of fun will include dancing, refreshments, and flowers. Photos will once again be provided. Dads, grandfathers, or uncles are welcome as the "date" of the evening. Register early; space is limited. Tickets will be mailed to participants.

**All Ages, Thursday, June 16, 7:00 - 9:00 p.m., \$25 per family (Daughters and their "date" only), Activity #300521-A, Location: TBD**

## BURLINGTON PUBLIC LIBRARY NEWS

March is "Burlington Reads" month! The title chosen by the public is "Dark Tide: The Great Boston Molasses Flood of 1919" By Stephen Puleo. We will be reading, presenting programs, and offering book discussions throughout the month revolving around this book and its themes. Visit the library, our website or our facebook page for a complete list of events.

### Evening Programs sponsored by the Friends of the Burlington Public Library

**Thursday, March 17**  
"Music of the Gaslight Era" with John Root  
(A 'Burlington Reads' program)

**Thursday, April 21**  
"Forensic Science Roadshow" with Paul Zambella

**Thursday, May 19**  
"Stuff: Our Attachment to Possessions" with  
Dave Downs

**Thursday, June 16**  
"A Visit with Isabella Stewart Gardner", with Jessa Piaia

For more information including programs for teens and children, workshops, databases, book discussions, museum passes, meeting rooms and more visit the library, our website ([burlingtonpubliclibrary.org](http://burlingtonpubliclibrary.org)), or our facebook page.