



## COVID-19 SAFETY STANDARDS – UPDATED 8/25/2020

### Before coming to the clinic

- Every parent/guardian must screen their participant(s) for any COVID-19 symptoms daily before coming to the program. COVID-19 symptoms include cough, shortness of breath, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, loss of taste or smell, gastrointestinal symptoms (diarrhea, nausea, vomiting), unexplained rash, feeling feverish, or a measured temperature above 100.3.
- If a player has a positive test for COVID-19, shows symptoms of COVID-19 or has been exposed to someone who has a positive test for COVID-19 within the last 14 days, that player cannot attend.
- Before participation in the program, parents must have signed the liability waiver.
- Players should bring their own snack, mask, hand sanitizer, water, and ball with marked name.

### At the field

- At arrival we will try to limit the amount of people congregated in the same area.
- **Check-in daily at the entrance, acknowledges that your participant is symptom free.**
- Temperature checks will not be given at arrival.
- Once a player has been checked-in they will be assigned to a small group.
- Current rules (\*this may change) are that the small groups will not intermingle.
- Each player will have their own cone area that is 6' away from others and is their "safe space".
- Players should not have shared water, food, or bags.
- Players should bring their own hand sanitizer; additional sanitizer will be on site if needed and players will need to sanitize hands prior to snack breaks.
- Players must bring a face covering to the camp, face coverings must be worn during check-in. Parents will wash face coverings each day. Masks that loop around the ears are preferred.
- Face coverings need to be pulled up when we do activities where there is short intermittent contact, once players are separated they can pull down their face coverings.
- During game play face coverings must be worn the entire time, players can take breaks on the sideline if needed where they can remove their masks.
- If a player begins to feel ill with COVID-19 symptoms during the program, they should immediately tell staff and they will be isolated and parents will be called to pick-up.
- Parents are supposed to leave the field after check-in and not hang around as spectators.
- At pick-up parents will need a face covering again, please respect families social distancing.

### Performance Coaches

- Coaches wear face coverings at all times and will disinfect all equipment daily.
- Coaches are required to screen themselves daily for COVID-19 symptoms before coming to the field, and may only report for work if they are without symptoms. If they become ill during work, they will immediately contact their supervisor, and a substitute representative will be arranged.