### VA Facility Locator
- **VA Facility Locator**
  - VA facilities including additional state and local resources

### Transition and Veteran Employment Services
- **Veterans Employment Services Office (VSEO)**
  - Helps Veterans and transitioning Military Service Members find federal careers
  - Military Skills Translator, Resume Builder and Federal Job Search functions
  - Note: Visit [http://explore.va.gov/](http://explore.va.gov/) to learn about other employment resources provided by VA.

### Transition Assistance Program (TAP)
- TAP may include:
  - Transition from Service briefings and assistance

### Veterans Health Administration
- **Health Care Benefits or Application Questions**
  - VHA provides:
    - Primary care
    - Mental health care (including Veteran-specific treatment for PTSD, TBI care, etc.)
    - Preventative care
    - A wide variety of specialty care
    - Inpatient and outpatient pharmacy
    - Geriatric care
    - Long term care and support
  - Note: For basic information and an easy to understand eligibility quiz with digital resource links go to: [http://explore.va.gov/](http://explore.va.gov/).

### Access to Patient Medical Information
- My HealtheVet is VA's online personal health record system designed to help VA patients manage their healthcare records and notes from medical providers
- Blue Button allows you to share info between VA and non VA providers.

### Women Veteran Support
- The Women Veterans Health Program addresses health care needs of women Veterans to ensure that timely, equitable, high-quality, comprehensive health care services are available and provided

### Rural Veteran Support
- The VA Office of Rural Health helps rural Veterans access medical care through VA facilities

### Mental Health Support
- Authoritative mental health information and resources for Veterans and their families.
- Self-help toolbox
- Where to get help
- Comprehensive guide to VA Mental Health Services
- Veterans Crisis Line website has a live chat function

### Veteran (Vet) Center Information
- Vet Centers provide:
  - Individual and group counseling
  - Discharge upgrade information
  - Community, social service and medical referrals
  - Employee assistance referrals
  - VA Benefits assistance referrals

### National Cemetery Administration
- **Burial and Memorial Benefits Information**
  - VA offers Veterans and their dependents:
    - Burial and honoring services, including gravesites and grave liners
    - Maintenance of national cemeteries
    - Headstones, markers, and presidential memorial certificates
  - Note: VBA manages additional memorial benefits

### For information about VA Health Care, call the VHA Helpline:
- **1-877-222-VETS (8387)** Monday-Friday 8am-8pm EST
- **Call back service may be available after hours**
### Veterans Benefits Administration

| --- | --- |
| • Basic information about programs, eligibility, links to online application sites, testimonial videos, and an easy to understand eligibility quiz with digital resource links are available on [http://explore.va.gov/](http://explore.va.gov/).  
• A hardcopy and online handbook is available for benefits and qualifications information.  
• Further benefits and eligibility information is available at ebenefits.va.gov | |
| • Information, forms, and phone numbers are available online for Veterans and their dependents  
• Links to online application sites and other online resources where Veterans can get answers are on [http://explore.va.gov/](http://explore.va.gov/). | |
| • VA guarantees loans made by private lenders. The VA provides Specially Adapted Housing (SAH) grants for severely disabled Veterans  
Note: VHA provides HISA grants to eligible Veterans for use in modifying a home. These are smaller grants. | |
| The VR&E program provides:  
• Assistance in finding employment with programs such as vocational assessments, counseling, education tuition/stipends related to employment and employment planning  
Note: Links to VR&E as well as other employment resources can be found on [http://explore.va.gov/](http://explore.va.gov/) | |
| • The post-9/11 GI Bill pays higher education tuition, housing, and stipends for Veterans, service members or their dependents  
• Eligibility - served at least 90 days on active duty after 9/10/2001  
• An important starting point - GI Bill Comparison Tool | |
| • Pension benefits descriptions, eligibility, and application forms are available online.  
• Basic info, forms and links to resources for Veterans Pensions, Survivors Pension and Special Monthly Pension for Veterans on [http://explore.va.gov/](http://explore.va.gov/) | |
| Fiduciary | Information available at: [http://www.benefits.va.gov/fiduciary](http://www.benefits.va.gov/fiduciary) |
| • Program for Veterans and other beneficiaries who, due to injury, disease, or due to age, are unable to manage their financial affairs  
• Apply for benefit or to become a fiduciary for a Veteran | |
| Insurance and TSLI/SGLI Questions | All forms and information available at: [www.benefits.va.gov/insurance](http://www.benefits.va.gov/insurance) 1-800-419-1473 [http://explore.va.gov/life-insurance](http://explore.va.gov/life-insurance) |
| Veterans are eligible for:  
• Service-Disabled Veterans Insurance (S-DVI), Service members’ Group Life Insurance (SGLI), Veterans’ Group Life Insurance (VGLI), and/or Veterans’ Mortgage Life Insurance (VMLI), SGLI Traumatic Injury Protection (TSLI), Servicemembers’ Group Life Insurance Disability Extension (SGLI-DE), Family Servicemembers’ Group Life Insurance (FSGLI), | |
| • Disability compensation is a tax-free benefit paid to eligible Veterans  
• Eligibility is determined by injuries/diseases from/aggravated by service | |
| Dependents may be awarded tax-free benefits for:  
• Death during military service or post-service related to a service-connected disability  
• Death after extended period of 100 percent disability  
Note: Links to information to VA benefits and services available to dependents, survivors and spouses are available on [http://explore.va.gov/](http://explore.va.gov/). DIC is just one of many benefits available to this group |
As of 05/25/2016

**“HOW CAN I HELP YOU?”**

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| **Claims Appeal Process information** | ▪ A Veteran or dependent/caregiver has a full year to appeal a denied claim regarding any VA benefit. To appeal, file a Notice of Disagreement with the Administration that denied the benefit  
▪ The appeals process has many stages, and most of the appeals processing and resolutions take place in the Administration that made the initial claims decision | Information available at:  
www.bva.va.gov  
Appeal Process Pamphlet:  

| VA Website | www.va.gov |
| VA Benefits Info | 1-800-827-1000 |
| VA Health Care Info | 1-877-222-VETS (8387) |
| 24-Hour Hotline for Homeless Vets | 1-877-4AID-VET (4243-838) |
| 24-Hour Veteran Crisis Hotline | 1-800-273-8255 option 1 |

General VA Information | VA Website |