



STEVE NUGENTS KARATE INSTITUTE



WE ARE RETURNING TO FUN!

Register for your favorite class today!

Martial Arts is a great way to learn new skills such as self-discipline, coordination and self-defense while having fun! We are offering summer classes starting in July. Not ready to visit us in the studio? Try one of our virtual zoom classes! Give us a call for more information.



WHAT WE ARE DOING

LIMITING CLASS SIZES

Each class will be limited to no more than 10 participants. We will be monitoring class enrollment and adding additional classes where it is necessary.

PHYSICAL DISTANCING

Participants will remain 6' apart throughout the class. Parents are not allowed in the lobby. All classes are streamed using Zoom so you can watch from the comfort of your vehicle if you'd like!

FACE COVERINGS

All participants and instructors are required to wear masks at all times.

CLEANING & SANITIZING

As always, we are cleaning and sanitizing our spaces everyday. Additionally, we have hand sanitizer readily available and will be encouraging children to wash their hands before and after class.

QUESTIONS? GIVE US A CALL AT 781.270.9099