



# Mountain Bike Day at the Landlocked Forest

**June 10<sup>th</sup>, 10 AM**

**Guided Rides for Children and Adults by the New England  
Mountain Bike Association**

Terrain is rocky, bring mountain bikes  
(straight handlebars and fatter tires for kids)  
Beginners welcome!

**Mechanical assistance & post-ride BBQ by Cycle Loft Burlington  
Additional refreshments provided by Whole Foods Woburn**

10:00AM  
10:30AM  
12:00 – 1:00PM

Meet at Estabrook School, 177 Grove Street, Lexington  
Guided ride begins  
Post-ride BBQ

