

WHEN DO I KEEP MY CHILD HOME?

Below please find a few guidelines for you to follow when your child becomes sick. These guidelines can be helpful when deciding whether or not to keep your child home from school. They have been put in place to ensure the health and well being of all Burlington students and staff.

RED LIGHT

STUDENTS STAY HOME

Your child should be evaluated by a physician if they are experiencing the following:

FEVER (100.0 or higher)

DIARRHEA

VOMITING

SORE THROAT/STREP THROAT

EYES THAT ARE

Red, pink or itchy
and/or experiencing
Green or yellow drainage.

FLU LIKE SYMPTOMS

Fever, Chills, Body aches,
& low energy.

Student needs to be **FREE** from these symptoms for **24 HOURS** before returning to school.

If a child is taking an antibiotic they need to be on it for a full **24 HOURS** before returning to school.

If your child has had a fever or is contagious, i.e. strep, flu, please call your Nurse's office.

The nurse has the discretion to send a student home with a rash of unknown cause that needs physician evaluation & clearance to return to school.

YELLOW LIGHT

USE YOUR BEST JUDGMENT

If you think your child seems under the weather contact their physician if they are experiencing the following:

COLD SYMPTOMS

Runny nose that is green & thick, severe or hacking cough.

SORE THROAT

Could be the start of Strep Throat which is highly contagious.

LOW ENERGY

If your child has a bad cold, has no energy or requires any type of medicine to get through the day.

If your child has these symptoms and you feel they should go to the doctor, please keep them home from school.

Remember, children are not available to learn if they are not feeling well.

GREEN LIGHT

STUDENTS ATTEND SCHOOL

If you think your child is free of past symptoms!

Your child has allergies and has a clear runny nose or mild cough.

Your child has been sick is feeling better and has been

FEVER-FREE for 24 HOURS without fever reducing medicine.

If your child has been sick and has been put on an antibiotic, they must be on the antibiotic for a full **24 HOURS** plus **FEVER-FREE for 24 HOURS.**

If your child is no longer taking fever-reducing medication to get through the day.

We request that you call your child in sick if they are going to miss school. Please include in your message what is wrong with your child. This is helpful for us to track different types of colds, viruses & infections going around.

BURLINGTON EARLY CHILDHOOD CENTER & SPROUTS CHILDCARE

Jessica Gearin, MEd., BSN, RN 781-273-7622
BECC Absentee Line 781-270-1808
SPROUTS Absentee Line 781- 238-4602

BURLINGTON HIGH SCHOOL

Leigh McGillivray, RN, BSN 781-270-1862
Absentee Line-Freshmen and Juniors 781-270-1838
Absentee Line-Sophomores and Seniors 781-270-1839

FOX HILL ELEMENTARY SCHOOL

Suzu Shields, RN, BSN 781-270-1792
Absentee Line 781-273-7638

FRANCIS WYMAN ELEMENTARY SCHOOL

Jennifer Hazen, RN, BSN 781-270-1702
Absentee Line 781-270-1707

MARSHALL SIMONDS MIDDLE SCHOOL

Tracy Nicholas, MSN, RN 781-270-1779
Absentee Line 781-273-7657

MEMORIAL ELEMENTARY SCHOOL

Lynn Sakey, RN, BSN, NCSN 781-270-1724
Absentee Line 781-273-7647

PINE GLEN ELEMENTARY SCHOOL

Joanne Ferrick, RN, BSN 781-270-1713
Absentee Line 781-273-7644