Flu Clinic/Emergency Dispensing Site Drill on October 28, 2017 at BHS

By Susan Lumenello

The Board of Health Flu Clinic and Emergency Dispensing Site (EDS) Drill will be held on Saturday, October 28, 2017 at the Burlington High School gymnasiums, 123 Cambridge Street. The clinic is open from 12–3 pm and medical volunteers are asked to arrive at 10 am and non-medical volunteers at 10:30 am. Volunteers are needed for greeters, flow maintenance, registration, dispensers, medical screeners, and forms reviewers with dispensers especially being needed.

The annual flu clinic is used to test and evaluate the town’s EDS Plan for the operation of a medical dispensing site. The layout, flow, and job positions utilized in the flu clinic are the same as those that would be used in an EDS situation. Volunteers are given job action sheets and gain experience in areas such as using the Incident Command System, radio communications, deployment procedures, and mobilization and de-mobilization. They take part in Just-In-Time Training sessions and are asked for feedback that will be used in creating an After Action Report.

If you would like to take part in the Flu Clinic/EDS Drill call the BOH at 781-270-1955 or email boh@burlington.org. We need you to make this event a success.


“The community is like a ship; everyone ought to be prepared to take the helm.”

Henrik Ibsen
Samaritans of Merrimack Valley to Offer “Suicide and Aging: Fact or Fiction” to BVRC Volunteers

By Susan Lumenello

On September 21, 2017 from 7-9 pm, the Samaritans of Merrimack Valley will be offering a 2 hour training for the Burlington Volunteer Reserve Corps (Medical Reserve Corps) and interested members of the public entitled “Suicide and Aging: Fact or Fiction”. This training is for people who, through their personal professional or volunteer activities, have regular contact with older adults. Participants will learn to assess an older adult’s suicide risk, intervene with an individual at risk, and connect older adults with ongoing professional help.

The Samaritans of Merrimack Valley, a program of Family Services of the Merrimack Valley, is a suicide prevention and postvention center located in Lawrence, MA. They provide a variety of services across the Merrimack Valley and northeast region of Massachusetts, such as a 24/7 crisis helpline, survivor support groups, and trainings on suicide prevention.

2 free CEUs are available for social workers, EMTs, and nurses. Enrollment is on a first come, first serve basis and will be limited to the first 25 respondents. If you are interested in attending this training, please call the Board of Health at 781-270-1955 or email boh@burlington.org.

Trauma Symposium in October

(From trendsintrauma.org)

The Patrick Gill Memorial Trauma Symposium is a not-for-profit educational consortium that provides expert educational programs and training in the fields of austere and extreme medicine. The symposium was founded in 2016 by Stephen Wood, nurse practitioner and the Associate Director for EMS in the Emergency Department at Winchester Hospital. Steve named the symposium in memory of Patrick Gill, a Winchester High School student who was tragically killed in a car crash in 2014 at the age of 17.

The first event last year drew over 100 attendees from EMS, Police as well as nursing, physicians and medical reserve corps. Speakers included Dr. David King, Dr. Dante Yeh and Stephen P. Wood, ACNP-BC among others. It was lauded by attendees as one of the best symposiums dedicated to trauma that they had attended.

Now in its second year, the Patrick Gill Memorial Trauma Symposium 2017 will be held on Thursday October 12th at the Burlington Marriott in Burlington, MA. Top speakers in the field will join participants to discuss key concepts in the management of trauma. The course symposium will have both a Medical and Law Enforcement track with educational programs for EMS, police, as well as nursing, advanced practice providers and physicians. Didactic programs will be augmented with a variety of hands-on and simulation sessions.

To register for this free symposium, visit www.trendsintrauma.org. For more information, e-mail traumasyposium@gmail.com.
Thank you to BVRC August Volunteers

ARC Blood Drives
Carolyn Abruzzo
Pat Angelo
Kevin Carnell
Margaret Henderson
Joan Hastings
Virginia Mooney

Blood Pressure Screening-Burlington Public Library
Carolyn Abruzzo

Blood Pressure Screening-COA
Kathie Pazola

Be Prepared BCAT Taping
Heidi Mover
Andy Rittenburg
Sandra Voltero

Celebrate Burlington
Carolyn Abruzzo
Deb Conti
Eileen Feldman
Teresa Freeman
Teresa Gaudet
Laura Kenda
Pat McDermott

Executive Committee
Carolyn Abruzzo
Margaret Henderson
Virginia Mooney
Andrew Rittenburg
Sandra Voltero

“Sun Safety” at the Farmer’s Market
Lois Shramek

Community Safety Night
Frances Learner

Save the Date: Upcoming Events

**Wednesday, September 20** — MRC 101 Training, Town Hall Annex Basement Meeting Room, 25 Center Street, **5:30 pm—6 pm**. MRC 101 is a short presentation designed to give volunteers an introduction of the MRC and discuss key issues pertaining to the establishment, such as organizational structure, liability issues, and types of deployment. This course is a requirement for all volunteers.

**Thursday, September 21** — ”Suicide and Aging: Fact or Fiction” Training, Town Hall Annex Basement Meeting Room, 25 Center Street, **7 pm—9 pm**

**Saturday, September 23** — Household Hazardous Waste Collection Event, Francis Wyman School, Terrace Hall Avenue, 8:30 am—12 pm

**Monday, September 25 and Wednesday, September 27** — Classroom Incident Command System (ICS) 100 Training, Town Hall Annex Basement Meeting Room, 25 Center Street, **7 pm—9:30 pm**. The BVRC bylaws require that all volunteers complete this training, either in a classroom setting or on-line. ICS-100 is a FEMA course that promotes effective emergency response by familiarizing volunteers with Incident Command principles that are used by emergency responders to manage incidents.

**Wednesday, October 18** — MRC 101 Training, Town Hall Annex Basement Meeting Room, 25 Center Street, **5:30 pm—6 pm**. MRC 101 is a short presentation designed to give volunteers an introduction of the MRC and discuss key issues pertaining to the establishment, such as organizational structure, liability issues, and types of deployment. This course is a requirement for all volunteers.

**Monday, October 23 and Wednesday, October 25** — National Incident Management System (NIMS) 700 Training, Town Hall Annex Basement Meeting Room, 25 Center Street, **7 pm—9:30 pm**. The BVRC bylaws require that all volunteers complete this training, either in a classroom setting or on-line. NIMS provides a consistent nationwide template to enable all government, private-sector, and nongovernmental organizations to work together during domestic incidents.

Volunteers can register for any of the above by responding to emails sent through MA Responds. For more information, please email boh@burlington.org or call 781-270-1955.
This September marks the second anniversary of the creation of “Be Prepared”. “Be Prepared” is a local show on Burlington’s cable access television created by Sandra Voltero, a member of the Burlington Volunteer Reserve Corps (BVRC). The BVRC is a volunteer organization sponsored by the Burlington Board of Health. The “Be Prepared” show supports the mission of the BVRC to assist and support the Board of Health in public health initiatives and in declared and undeclared public health emergencies to improve the health and safety of the residents of our community.

Sandra Voltero developed the idea for the show two years ago to educate the public on how to be prepared on matters of health, wellness, and safety. She is the producer, creative director, and host of the show. Sandra’s vision for the show is to assemble a panel of experts in various fields to provide different perspectives on the topic being discussed. Over the past two years, she has produced sixteen shows with leading experts in health and preparedness, including Dr. Alfred DeMaria, MA DPH Medical Director, Assistant District Attorney Marian Ryan, and representatives from the Federal and Massachusetts Emergency Management Agencies. “I find it very rewarding to educate the public and be able to bring them this important information and to help them be prepared”, Sandra stated. “In addition, because this information is so important, I am happy that the shows are also on youtube.com so that people across the country can get this information as well. I am also grateful that Burlington Cable Access Television (BCAT) provides the equipment and facilities to allow me to produce these shows.”

“The Burlington Board of Health is very appreciative to Sandra for all the work that she has accomplished on “Be Prepared””, Susan Lumenello, Director of Public Health stated. “She is an incredible asset to the Board of Health, the BVRC, and the residents of Burlington.”

“Be Prepared” can be seen on Burlington’s Cable Access Television or on youtube.com. To view the television schedule go to http://bcattv.org/programming/public-channel/be-prepared/ and to view on youtube.com visit goo.gl/RQbHmg. If you are interested in volunteering to provide technical assistance for the “Be Prepared” show, please call the Board of Health at 781-270-1955.